

Stir It Up- by Patti LaBelle
Choreography by Eddie White

MCA 52610 Time 3:38

Easy Intermediate

Sequence: A, B, A, B, C, A, B, Bridge I, C, A, A, B, Bridge II, C, ending

Intro- Wait 16 beats- Start on left foot

Part A- Stomp DS (XIF), Stomp DS (XIF), Stomp SD (XIF), DS DS (turn ½ on DS's)
L R L R L R L R

Repeat Part A to the front

Part B- Two Charlestons

DS TCH (IF) Toe Heel R S Repeat
L R R L R

Triple Brush Up to the back

DS DS DS BR (turning ½ to the left) Repeat to the front
L R L R

5 double toe steps forward with a karate rock turning left

DS DS DS DS DS Kick R S BR (turn ½ to left on karate rock)
L R L R L R R L R

DS DS DS DS DS Kick R S BR (turn ½ to right on karate rock)
R L R L R L L R L

Part C- Chain to left, triple ½ to the right

DS R S R S R S (chain to the left)
L R L R L R L

DS DS DS R S (triple turning ½ to the right)
R L R L R

Repeat 3 more times

Bridge I- 2 Charlestons
2 triple brush-ups- turning ½ to the left on each

Bridge II- 2 Charlestons

Ending- 5 double toe steps forward
Karate rock turning left

Repeat on right foot (turn karate to the right)

2 Triple Stomp Stomps moving forward

<u>DS</u>	<u>DS</u>	<u>DS</u>	<u>Stomp</u>	<u>Stomp</u>
L	R	L	R	L

<u>DS</u>	<u>DS</u>	<u>DS</u>	<u>Stomp</u>	<u>Stomp</u>
R	L	R	L	R